<u>3rd Annual IBDHorizons Updates for the Advanced Practice Provider Symposium</u>

Course Information

1 day - multiplatform meeting for in-person & virtual participation covering the Northwest.

Intended Audience

This activity was developed for healthcare providers caring for IBD patients, including advanced nurse practitioners, physician assistants, gastroenterology registered nurses, clinical nurse specialists, pharmacists, dietitians, and medical assistants.

Learning Objectives

At the conclusion of this learning activity, participants will do the following:

- 1. Analyze the currently available tools to stratify the risk of patients developing complicated IBD vs. mild IBD at diagnosis and the subsequent implications on treatment goals and strategies.
- 2. Apply a patient-centric approach to prepare the IBD patient for receiving therapy with a focus on appropriate screening laboratory studies, imaging, and pre-therapy vaccinations.
- 3. Appraise the standard of care for health maintenance for IBD patients with special considerations for infection prevention, bone and skin health, gynecological care, and immunizations on therapy.
- 4. Review the current available IBD therapies and their comparative efficacy with an understanding of the rationale for optimal positioning of these agents in IBD today.
- 5. Assess the risk of cancer in IBD and apply the up-to-date practice in screening for, prevention, and management of malignancy.
- 6. Recognize the needs of IBD patients in the pre- and post-operative settings and review the associated challenges and their optimal management.
- 7. Review the role of diet in the pathophysiology of IBD and the current knowledge regarding diet manipulation in the management of IBD.
- 8. Describe what questions arise when IBD patients seek a second opinion and appraise the approach to address the patient's questions in a referral center setting.

Accreditation and Certification



In support of improving patient care, this activity has been planned and implemented by the Annenberg Center for Health Sciences at Eisenhower (Annenberg Center) and IBDHorizons. The Annenberg Center for Health Sciences at Eisenhower is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Nurses

The Annenberg Center designates this live activity for a maximum of 6.0 American Nurses Credentialing Center (ANCC) contact hour, which includes 1.50 hours of pharmacology credit.

Pharmacists

This activity is designated for up to 6.0 contact hours (0.6 CEUs) of continuing pharmacy credit. Credit will be provided to the NABP CPE Monitor within 60 days after the activity completion.

Physician Assistants



Annenberg Center for Health Sciences at Eisenhower has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Disclosure Statement

All individuals in control of the content of continuing education activities provided by the Annenberg Center are required to disclose to the audience all relevant financial relationships related to the content of the activity. Full disclosure of all relevant financial relationships will be made in writing to the audience prior to the activity.

The ideas and opinions presented in this educational activity are those of the faculty and do not necessarily reflect the views of the Annenberg Center and/or its agents. As in all educational activities, we encourage practitioners to use their own judgment in treating and addressing the needs of each individual patient, taking into account that patient's unique clinical situation. The Annenberg Center disclaims all liability and cannot be held responsible for any problems that may arise from participating in this activity or following treatment recommendations presented.

All staff at the Annenberg Center for Health Sciences at Eisenhower and IBDHorizons have no relationships to disclose.

All of the relevant financial relationships disclosed during the symposium have been mitigated.

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